

# BIOME SHAKE

**Item No. SY22572**  
**15 Servings (600 g) per container**

As part of the Purify program, Biome Shake was carefully formulated to support proper balance in the microbiome. Biome Shake is high in vegetable protein with a blend of vitamins, minerals, fiber, and beneficial fats from sources such as flax seed. The formula has a vegetable base featuring broccoli and clean pea protein.

## BENEFITS

- 22 grams of vegetable protein per serving
- Essential vitamins & minerals
- Promotes a feeling of fullness
- Gluten free
- Vegetarian
- Delicious vanilla flavor
- Eco-friendly packaging

## KEY INGREDIENTS

- Pea protein
- Fruit & vegetable base

## RECOMMENDED USE

Mix 2 level scoops (40 g) of Biome Shake powder with approximately 300 ml of water. Shake or stir vigorously and drink immediately. For best results, use a Synergy shaker bottle.



| Product Information / Información del Producto   |                                   |       |  |
|--|-----------------------------------|-------|--|
|  | Serving Size 40 g (2 scoops)      | %NRV* |  |
|  | 40 g (2 scoops)                   | %NRV* |  |
|  | Tamaño porción 40g (2 cucharadas) | %VRN* |  |
| Energy/Energía   | 798 kJ / 191 kcal                 |       |  |
| Fat / Grasa  | 8.32 g                            | 12%   |  |
| Saturated fatty acids / Ácidos grasos saturados  | 1.72 g                            | 9%    |  |
| Carbohydrates / Carbohidratos  | 4.86 g                            | 2%    |  |
| Sugars / Azúcares  | 0.26 g                            | 0     |  |
| Fiber / Fibra  | 4.14 g                            | 2%    |  |
| di cui / de la cual  |                                   |       |  |
| Proteine da pisello / Proteína de guisante   | 1.03 g                            |       |  |
| Dextrina / Dextrina resistente   | 1.87 g                            |       |  |
| Frutto-oligosaccaridi FOS / Fructooligosaccharide (FOS)                                | 0.86 g                            |       |  |
| Semi di lino / Polvo de semilla de lino  | 0.11 g                            |       |  |
| Protein / Proteína   | 22.01 g                           | 44%   |  |
| Salt / Sal   | 1.23 g                            | 21%   |  |
| Vitamin A / Vitamina A   | 576.00 µg RE                      | 72%   |  |
| Vitamin D / Vitamina D   | 3.60 µg                           | 72%   |  |
| Vitamin E / Vitamina E   | 8.64 mg α-TE                      | 72%   |  |
| Vitamin C / Vitamina C   | 58.59 mg                          | 72%   |  |
| Thiamin (Vitamin B1) / Tiamina / Vitamina B1   | 0.79 mg                           | 72%   |  |
| Riboflavin (Vitamin B2) / Riboflavina / Vitamina B2                                    | 1.01 mg                           | 72%   |  |
| Niacin / Nicotina / Vitamina B3  | 11.53 mg NE                       | 72%   |  |
| Pantothenic acid / Acido pantotemico / Vitamina B5                                     | 4.32 mg                           | 72%   |  |
| Vitamin B6 / Vitamina B6   | 1.01 mg                           | 72%   |  |
| Folic Acid / Acido folico / Acido Folico   | 144 µg                            | 72%   |  |
| Vitamin B12 / Vitamina B12   | 1.9 µg                            | 72%   |  |
| Biotin / Biotina   | 96.02 µg                          | 72%   |  |
| Iron / Ferro / Hierro  | 14.25 mg                          | 102%  |  |
| Zinc / Zinco   | 9.05 mg                           | 81%   |  |
| Copper / Rame / Cobre  | 0.86 mg                           | 86%   |  |
| Iodine / Iodio / Iodo  | 108 µg                            | 72%   |  |
| Manganese / Manganeso  | 1.86 mg                           | 82%   |  |
| Selenium / Selenio   | 43.45 µg                          | 79%   |  |
| Green tea leaf extract / Estratto di foglia di tè verde / Extracto de hoja de té verde | 0.02 g                            |       |  |
| Spinach powder / Spinaci in polvere / Polvo de espinacas                               | 0.02 g                            |       |  |
| Broccoli powder / Polvere di broccoli / Brocoli en polvo                               | 0.02 g                            |       |  |
| Green coffee bean extract / Chiaci di caffè verde / Extracto de grano de café verde    | 0.02 g                            |       |  |
| Turmeric extract / Estratto di curcuma / Extracto de cúrcuma                           | 0.02 g                            |       |  |
| Curcuminoids / di cui curcumina / Curcumina  | 16.87 mg                          |       |  |

Ingredients: pea protein, sunflower oil powder, resistant dextrin, MCT powder [medium chain triglycerides, modified starch, corn syrup solids, anti-caking agent: silicon dioxide], emulsifier: mono- and diglycerides of fatty acids, fructo-oligosaccharide (FOS), flavouring, flax seed powder (Linum usitatissimum), vitamin and mineral premix [maltodextrin, ascorbic acid, ferric pyrophosphate, DL-alpha-tocopheryl acetate, zinc sulphate monohydrate, potassium iodide, nicotinamide, sodium selenite, retinyl acetate, calcium d-pantothenate, manganese sulphate monohydrate, d-biotin, cyanocobalamin, folic acid, vitamin D3, pyridoxine hydrochloride, copper carbonate, thiamine mononitrate and riboflavin], thickeners: guar gum and xanthan gum, sodium chloride, sweetener: steviol glycosides, grain and seed blend [oat bran, quinoa, amaranth, buckwheat, millet], green tea leaf extract (Camellia sinensis), spinach powder (Spinacia oleracea), broccoli powder (Brassica oleracea italica), green coffee bean extract (Coffea robusta), turmeric rhizome extract (95% curcuminoids).

\*As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. This product is not intended to diagnose, treat, or prevent any disease.